

HOME CARE GUIDELINES FOR DRY AGEING SKIN

AM

- 1** Cleanse & massage with **Healing Milk Cleanser** & rinse thoroughly
- 2** Spray **i4 Medical Mist** & allow the product to dry naturally
- 3** Pump & roll a thin layer of **Ultra Intense Eye Cream** around the eye area

- 4** Press 1-2 drops of **Power Fill & Quench Serum** all over skin
- 5** Apply a thin layer of **Ultra Intense Cream** over the entire face & neck
- 6** Apply a thin layer of **Sun Care Cream SPF 50** to your face, neck & exposed areas. Re-apply if you are outdoors!

PM

- 1** Cleanse & massage with **Healing Milk Cleanser** & rinse thoroughly
*Double cleanse if you wear full or water-proof make-up
- 2** Spray **i4 Medical Mist** & allow the product to dry naturally
- 3** Roll & pump a thin layer of **Ultra Intense Eye Cream** around the eye area



TIP

Extemporaneous Compounding
Add **Essential Lipids** for very dry skin

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Boost the skin with **Lactic Acid 10% Exfoliating Gel** and/or **Multi Activ Marine Mask** twice a week

- 4** Press 1-2 drops of **Bakuchiol Serum** all over skin
- 5** Apply a thick layer of **Ultra Intense Cream** over the entire face and neck

RECOMMENDED IN CLINIC PROTOCOL bi-weekly with:



Micro-Needling With FUSION



Spongilla Spicules With FUSION



MedJet With FUSION



Boosted with TransSystem Peels + Masks

RECOMMENDED SUPPLEMENTS

The focus here is to build skin health, reduce lines & increase bi-lipid levels in the skin

ESSENTIALS

Gut Month Protocol
Bio-Specific Amino Blend Skin

ADD ONs

Ultra Femme
Ultra Lymph

Telomere Base Powder
Omega