

HOME CARE GUIDELINES FOR BLENDING HYPER PIGMENTED SKIN

AM

1

Cleanse with **Deep Pore Wash** or **Healing Milk Cleanser**, & rinse thoroughly



2

Spray **i4 Medical Mist** & allow the product to dry naturally



3

Apply a thin layer of **Mega+ Brightening Eye Serum** around the eye area



6

Apply a thin layer of **SPF 50** to your face, neck & exposed areas. Re-apply if you are outdoors!



5

Apply a thin layer of **Brightening Lotion** on your face & neck



4

Press 2-3 drops of **Mega+ Brightening Serum** all over skin



PM

1

Cleanse with **Deep Pore Wash** or **Healing Milk Cleanser**, & rinse thoroughly



*Double cleanse if you wear full or water-proof make-up

2

Spray **i4 Medical Mist** & allow the product to dry naturally



3

Apply a thin layer of **Mega+ Brightening Eye Serum** around the eye area



4

Wipe **All Brighter Pads** all over the skin (exclude the eye area!) Do not remove, leave it on the skin



6

Use **Brightening Lotion** on top of your Retinol if you experience any dryness



5

Press **Retinol 100 Serum**, **Retinol 500 Boost** or **Tri-Retinoid Cream** into the face & neck



Boost the skin with **Multi Activ Marine Mask** twice a week



RECOMMENDED IN CLINIC PROTOCOL bi-weekly with:



Micro-Needling With FUSION



Spongilla Spicules With FUSION



MedJet With FUSION



Boosted with TransSystem Peels + Masks

RECOMMENDED SUPPLEMENTS

The focus here is to reduce inflammation levels in the body & blend the tone of the skin

ESSENTIALS

Gut Month Protocol
Bio-Specific Amino Blend Skin

ADD ONs

Ultra Liver
Ultra Lymph

Glutathione Base Powder